

BLS Courses

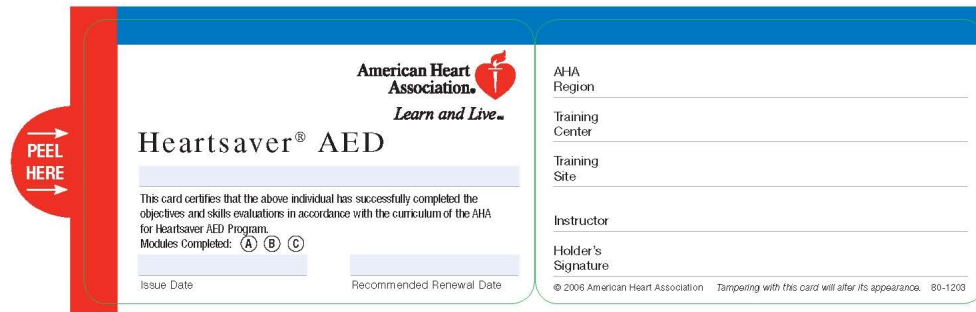
BLS Instructors Can Teach:

- **BLS for Healthcare Providers Course**
- **Heartsaver® Courses**
- **Family & Friends™ Programs**

Course Completion Cards

- **Folding, non-adhesive card**
- **Instructor fills in**
 - **Student name**
 - **Circles for modules NOT completed**
 - **Issue date**
 - **Recommended renewal date**
 - **AHA region, training center, training site**
 - **Instructor name**
- **Encourage student to sign card**
- **Back includes chain of survival and resources**

Course Completion Card



The front of the card features the American Heart Association logo and the text "Learn and Live...". The title "Heartsaver® AED" is prominently displayed. Below the title, a statement certifies the completion of the AHA Heartsaver AED Program. A section for "Modules Completed" shows three circles labeled A, B, and C. Fields for "Issue Date" and "Recommended Renewal Date" are provided. On the right side, there are lines for "AHA Region", "Training Center", "Training Site", "Instructor", and "Holder's Signature". A small copyright notice at the bottom reads "© 2006 American Heart Association. Tampering with this card will affect its appearance. 80-1203".

PEEL HERE

American Heart Association®
Learn and Live...

Heartsaver® AED

This card certifies that the above individual has successfully completed the objectives and skills evaluations in accordance with the curriculum of the AHA for Heartsaver AED Program.

Modules Completed: (A) (B) (C)

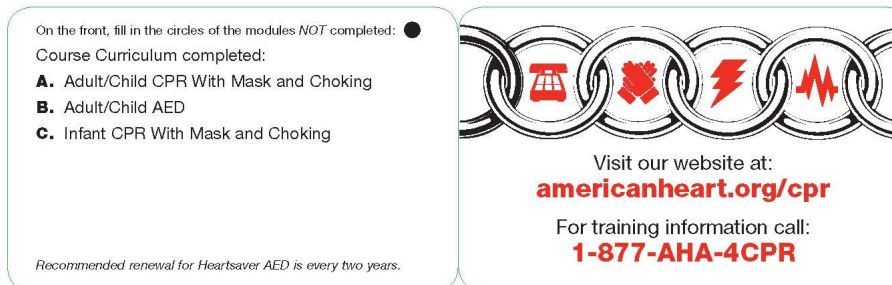
Issue Date _____ Recommended Renewal Date _____

AHA Region _____
Training Center _____
Training Site _____
Instructor _____
Holder's Signature _____

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Fill in the circles of the modules *NOT* completed. This card contains unique security features to protect against forgery.

80-1203 3/06



The back of the card provides instructions for marking completed modules. It lists the course curriculum: Adult/Child CPR With Mask and Choking, Adult/Child AED, and Infant CPR With Mask and Choking. A graphic of interlocking rings with icons (phone, heart, lightning bolt, ECG) is shown. Below the graphic, the website "americanheart.org/cpr" and the phone number "1-877-AHA-4CPR" are provided for more information. A note at the bottom states that the recommended renewal for Heartsaver AED is every two years.

On the front, fill in the circles of the modules *NOT* completed: ●

Course Curriculum completed:

- A.** Adult/Child CPR With Mask and Choking
- B.** Adult/Child AED
- C.** Infant CPR With Mask and Choking

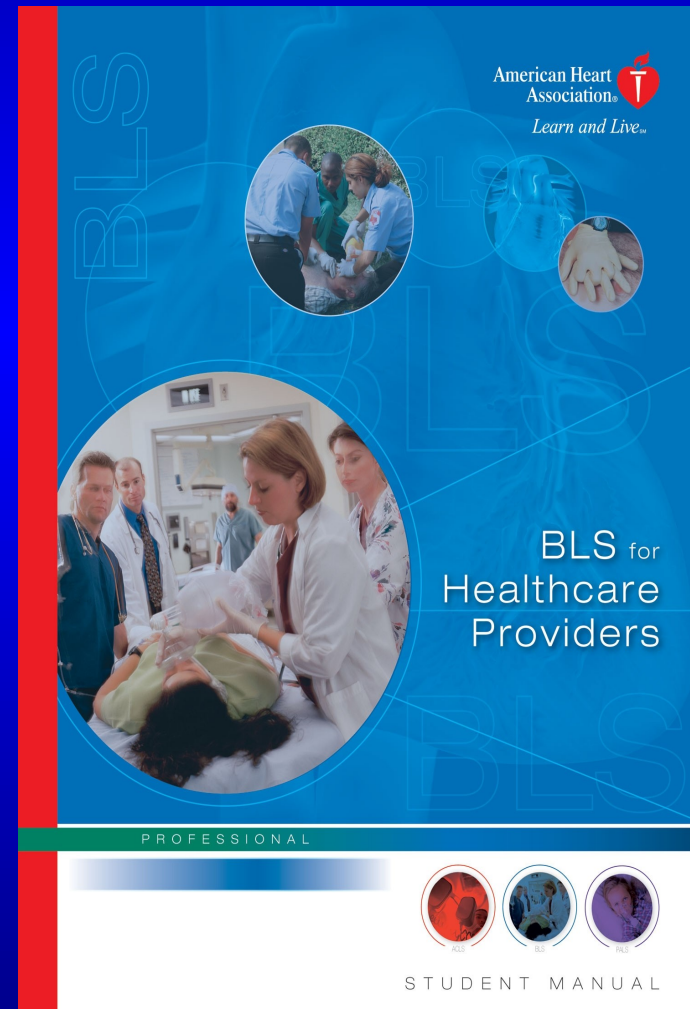
Recommended renewal for Heartsaver AED is every two years.

Visit our website at:
americanheart.org/cpr

For training information call:
1-877-AHA-4CPR

BLS for Healthcare Providers: Target Audience

- **Healthcare providers**

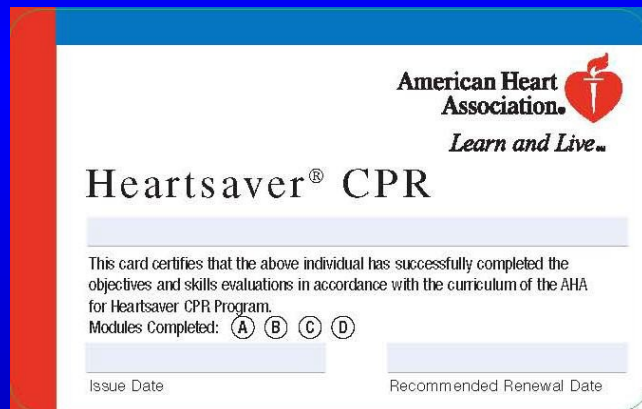


BLS for Healthcare Providers: Course Topics and Length

Required Topics	Course Length
Adult/child and infant 1- and 2-rescuer CPR	4.5 hours
Ventilations with a bag mask	
Choking	
AED use	

Heartsaver CPR: Target Audience

- **Lay people with a duty to respond**



- A – Adult/Child CPR and Choking**
- B – Infant CPR and Choking**
- C – Adult/Child CPR With Mask**
- D – Infant CPR With Mask**

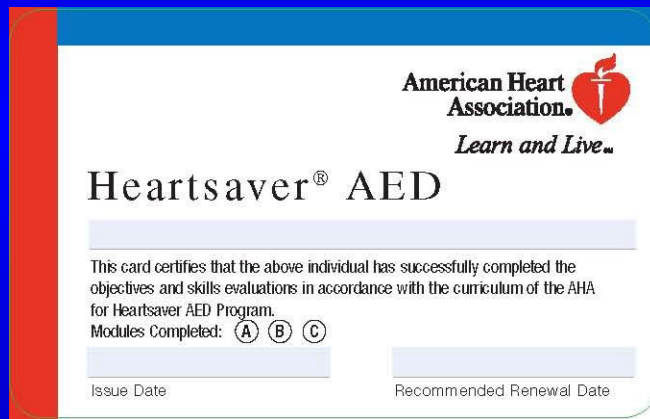


Heartsaver CPR: Course Topics and Length

Topic	Required	Optional	Time
Adult/child CPR	X		1.5 hours
Adult/child choking	X		10 minutes
Infant CPR		X	1 hour
Infant choking		X	10 minutes
Adult/child CPR with mask		X	10 minutes
Infant CPR with mask		X	10 minutes
Total time			3.2 hours

Heartsaver AED: Target Audience

- Lay people with a duty to respond



A – Adult/Child CPR With Mask and Choking

B – Adult/Child AED

C – Infant CPR With Mask and Choking

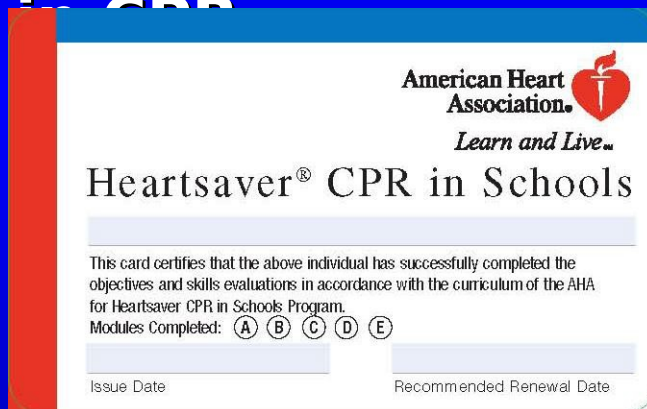


Heartsaver AED: Course Topics and Length

Topic	Required	Optional	Time
Adult/child CPR	X		1.2 hours
Adult/child choking	X		10 minutes
Adult/child AED	X		50 minutes
Infant CPR with mask		X	1.2 hours
Infant choking		X	10 minutes
Total time			3.5 hours

Heartsaver CPR in Schools: Target Audience

- Middle- and high-school students seeking a credential in CPR



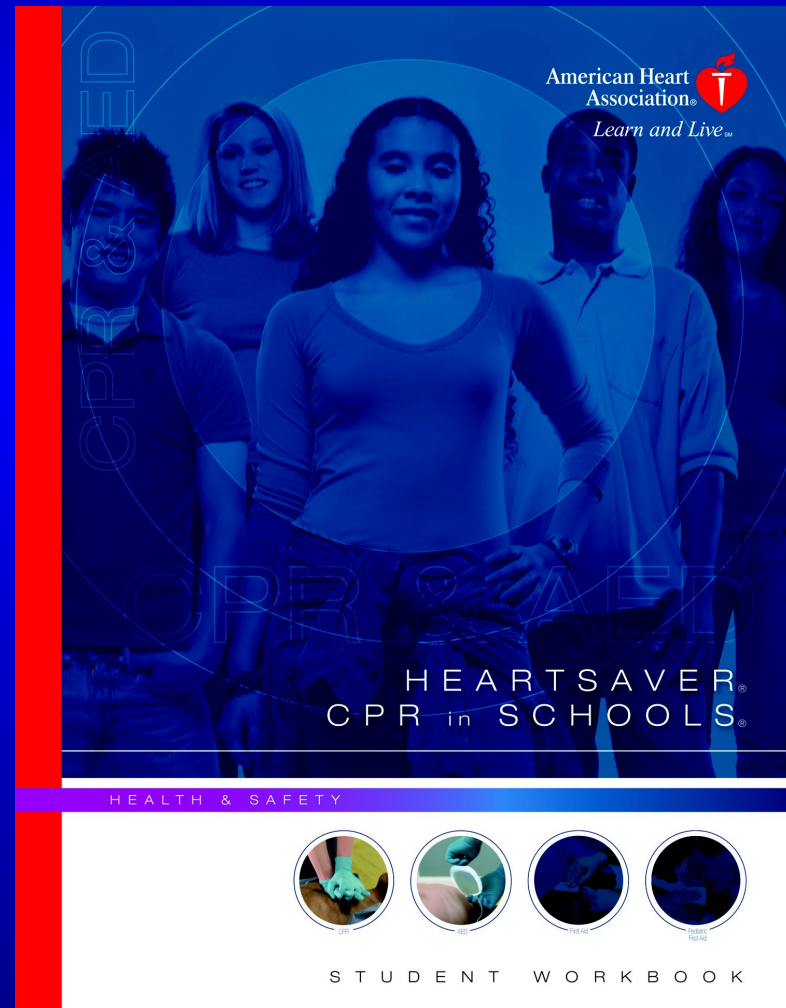
A – Adult/Child CPR and Choking

B – Adult/Child AED

C – Infant CPR and Choking

D – Adult/Child CPR With Mask

E – Infant CPR With Mask



Heartsaver CPR in Schools: Course Topics and Length

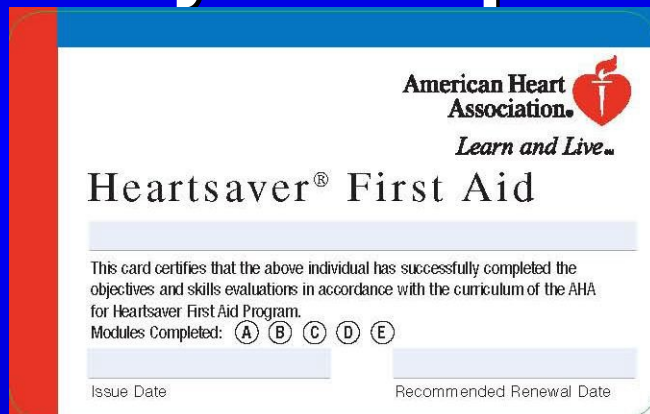
Topic	Required	Optional	Time
Adult/child CPR	X		1.5 hours
Adult/child choking	X		10 minutes
Infant CPR		X	1.1 hours
Infant choking		X	10 minutes
Adult/child CPR with mask		X	10 minutes
Infant CPR with mask		X	10 minutes
Optional topics		X	35 minutes
Total time			4 hours

Heartsaver CPR in Schools (with AED):

Topic	Required	Optional	Time
Adult/child CPR	X		1.2 hours
Adult/child choking	X		10 minutes
Adult/child AED	X		1 hour
Infant CPR with mask		X	1.1 hours
Infant choking		X	10 minutes
Optional topics		X	35 minutes
Total time			4.5 hours

Heartsaver First Aid: Target Audience

- Lay people with a duty to respond



A – Adult First Aid

**B – Environmental
Emergencies**

C – Adult/Child CPR With Mask

D – Adult/Child AED

E – Infant CPR With Mask



Heartsaver First Aid: Course Topics and Length

Topic	Required	Optional	Time
Adult first aid	X		1.7 hours
Environmental emergencies		X	.5 hours
Bandaging		X	5 minutes
Splinting		X	10 minutes
Adult/child CPR with mask		X	1.3 hours
Adult/child AED		X	50 minutes
Infant CPR with mask		X	1.2 hours
Infant choking		X	10 minutes
Total time			6.2 hours

Heartsaver Pediatric First Aid: Target Audience

- **Lay people with a duty to respond**



- A - Pediatric First Aid**
- B - Asthma Care Training for
Childcare Providers**
- C - Optional Pediatric First Aid
Topics**
- D - Adult/Child CPR With Mask**
- E - Adult/Child AED**
- F - Infant CPR With Mask**



Heartsaver Pediatric First Aid: Course Topics and Length

Topic	Required	Optional	Time
Pediatric first aid	X		2.3 hours
Optional pediatric first aid emergencies		X	10 minutes
Bandaging		X	5 minutes
Splinting		X	5 minutes
Asthma care training		X	20 minutes
Rescue breathing		X	20 minutes
Adult/child CPR with mask		X	1.3 minutes
Infant CPR with mask		X	1.2 minutes
Adult/child AED		X	50 minutes
Total time			6.6 hours

Family & Friends™ CPR: Target Audience

- Family members, friends, and members of the general community who want to learn CPR but do not need a completion card
- Middle- and high-school students who do not need a completion card



Family & Friends™ CPR (for Adult/Child): Program Topics and Length

Required Topics	Program Length
Adult/child CPR	1 hour 15 minutes
Adult/child choking	

Family & Friends™ CPR (for Infants): Program Topics and Length

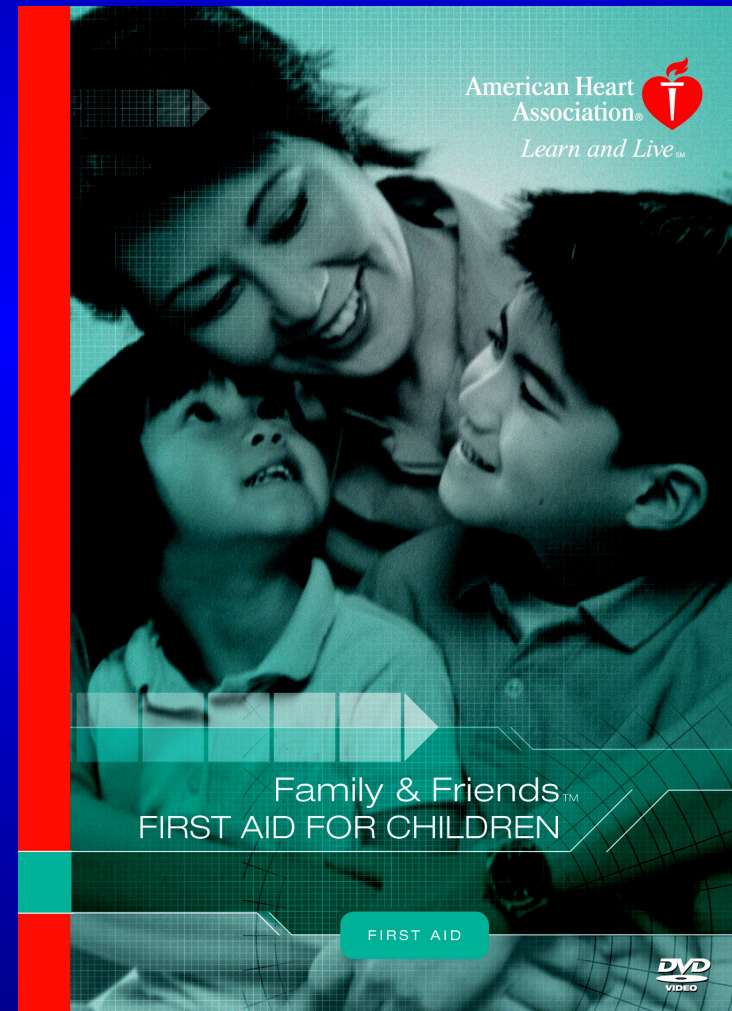
Required Topics	Program Length
Infant CPR	1 hour 15 minutes
Infant choking	

Family & Friends™ CPR (for all Ages): Program Topics and Length

Required Topics	Total Program Length
Adult/child CPR	2.5 hours
Adult/child choking	
Infant CPR	
Infant choking	

Family & Friends™ First Aid for Children: Target Audience

- Those caring for infants and children, such as family members, babysitters, and others providing in-home care, who want basic first aid information but do not need a course completion card



Family & Friends™ First Aid for Children : Program Topic and Length

Required Topic	Program Length
Child first aid	45 minutes